

April • May

# COMMUNITY LECTURE SERIES



Conference Center Whittier  
13127 Philadelphia St.



Refreshments will be served at all events • Space is Limited

**RSVP: (562) 445-4247**

- April 19 1:30-3:30** **My hearing loss is not a problem for me, so why do I need to use hearing aids?**  
Research has shown that untreated hearing loss can have many effects on your life and your health, including an increased risk of dementia, falling, anxiety, depression, and isolation! Learn about the latest research into hearing loss and the many ways it can impact not just your quality of life, but your health too.  
*Dr. Mary Ann Gilbert, Au.D.—Director of Clinical Audiology—Whittier Hearing Center*
- April 24 12:00-2:00** **The Aging Eye: What can happen to me?**  
Our eyes age right along with the rest of our body. This means that as we get to be over 50, chances are we will need glasses, may have cataracts, or may even develop Macular Degeneration. Come and hear why these things happen and what you can do to reduce your risks, as well as treat the problems if they develop.  
*Dr. Nimesh Pathak will present. He is a board-certified ophthalmologist who specializes in the treatment of corneal diseases and vision correction.*
- May 3 1:30-3:30** **10 Warning Signs of Alzheimer's.**  
Knowledge is power and we need knowledge to know when our "memory issues" are normal and when they are a problem. When should I start worrying about my memory changes? Come and get the knowledge you need to separate the myths from the facts about memory loss and Alzheimer's.  
*Presented by the Alzheimer's Association of Southern California.*
- May 10 1:30-3:30** **Latest Advancements in Hearing Aid Technology.**  
Get an update on hearing aids and what they can and cannot do today. She will discuss how hearing aids today can improve TV viewing, cell phone use, and music streaming. She will also address noise control for better hearing in restaurants.  
*Kimberly Pearson, Regional Technology Representative for Widex USA.*
- May 15 1:30-3:30** **Are you a Veteran who is frustrated trying to deal with the VA?**  
Dealing with the VA can be a difficult task and too many people give up without the benefits they are entitled to. Come and hear about the help you can get to assist you in getting what is yours from the VA, including hearing aids.  
*Paul Avila, Veteran Specialist, with United American Insurance Company.*
- May 24 1:30-3:30** **Balance Problems with Hearing Loss.**  
Falls are one of the leading causes of death for those over 65. Hearing loss, balance problems, dizziness, and vertigo are leading causes of falls. We will discuss the many things you can do to help reduce your risks and live a safer life. Vestibular rehabilitation, which can include improved balance, postural awareness and core strength can reduce your risks!  
*Presented by Dr. Mark Wegener, P.T. DPT and the Director of Balance Rehabilitation (formerly England PT).*

These lectures are a community service of Whittier Hearing Center. No product will be sold at these events. No personal information will be collected. Parking is available on the street and in the metered lot at Bright & Philadelphia. Parking costs will be reimbursed.



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Whittier, Ca. 90601

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# FREE COMMUNITY LECTURES

Whittier Hearing Center has been committed to meeting the needs of our community for over 60 years. Lately we have seen a lack of good quality lectures and presentations. Most of what we do see is about selling you something. They will even give you a free lunch or dinner if you come to their event and hear their sales pitch!

We don't believe this is right. You should be able to get good information on topics you are interested in at no cost and without a high pressure sales presentation. That is why we are sponsoring this series of lectures. All we ask is that you RSVP as the space is limited and we would hate to have you show up and not have a seat! We promise that no one will ask for anything other than your name.

The list of topics will change every couple of months so be sure to look for the newest flyers in the community and at your doctor's office. If you want to be sure not to miss out you can sign up to have the list mailed to you every other quarter. Just call Sandy at Whittier Hearing: (562) 698-0581 and she will put you on her mailing list.

Enjoy the talks. Come and get your questions answered. Be sure to let us know if you have a topic you would like to know more about and we will add it to the series.

*The Staff of Whittier Hearing Center*

